



2009-2010 Chappaqua AYSO Extra Program

AYSO EXTRA is a travel program available to all AYSO players who want more competitive soccer and more serious training. The program starts with players entering AYSO's U9 division (3rd graders) and consists of one practice during the week and an Area travel game schedule on Saturday. EXTRA teams also play in two or more Area tournaments.

The number of EXTRA teams in each age group is determined by the number of players, fields, and coaches available. All practices are conducted or enhanced by professional trainers, and are scheduled on weekday afternoons or evenings.

The EXTRA program is just that: "extra." Players must participate fully on their regular AYSO teams,. AYSO's core philosophies apply to EXTRA teams:

- Everyone Plays
- Balanced Teams
- Positive Coaching
- Player Development
- Open Registration
- Good Sportsmanship

Every player who wants to play travel soccer is encouraged to try out for [Chappaqua Youth Soccer Club](#) Travel teams. Players not selected by the Club are welcomed into the AYSO EXTRA travel program, where they will wear the same uniforms and sometimes even train in conjunction with CYSC teams in their age group.

Some families may not care to have their children participate in tryouts or a selection process. If so, AYSO EXTRA is the place for those players. All who want extra touches, training, games, and practices are welcomed.

Costs of EXTRA play (such as trainers) will be borne by the participants. No registration is required. Just check off the box in the online registration for AYSO indicating your child's interest in EXTRA play.

